

IMPLANTS CAN MAKE ALL THE DIFFERENCE!



BEFORE



AFTER

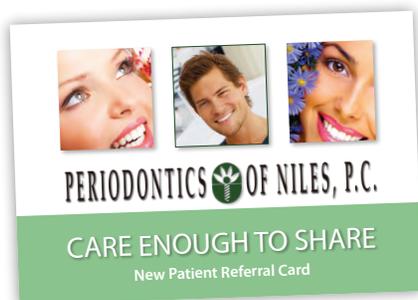


BEFORE



AFTER

IMPLANTS CAN MAKE EATING HEALTHY, EASIER!



Care to Share

The greatest compliment we can receive is your referral of family and friends.

We at Dental Specialists of Niles appreciate when you refer new patients to our practice. These referrals mean a great deal to us. They tell us we are doing a great job!

Write your name on the card and "gift" it to friends and family. When the card is presented at appointment check-in, it will go into our quarterly drawing for a \$25 Visa Gift card.

Stop by the front desk and pick up some Care-to-Share cards!

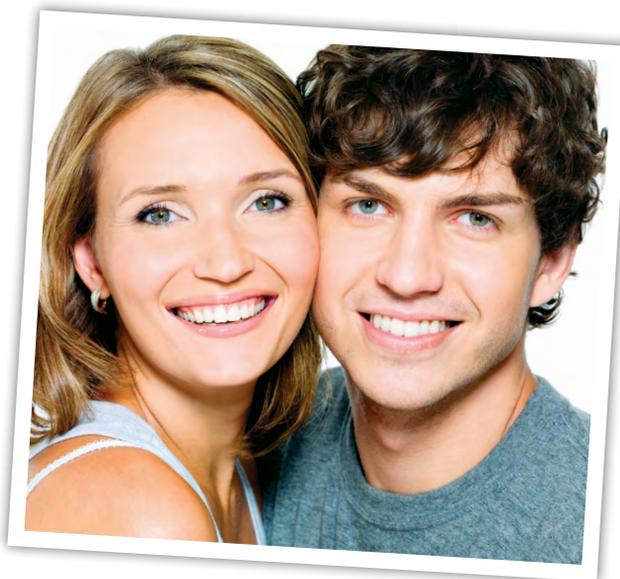
Call Us: (847) 685-6686

Email:

ContactUs@DentalSpecialistsOfNiles.com

CHICAGOLAND'S FIRST CHOICE FOR EXPERT DENTAL CARE

- Look your best with cosmetic dentistry! Smile makeovers, Botox and more!
- Teeth in a day! All on four dental implant procedure
- Safe Sedation We provide care in one visit, if desired
- Dental Implants Computer Guided
- Healthy Gums Without Surgery Laser Periodontics
- Root Canals Performed with precision with Microscope
- Holistic Dental Care Treatment and materials for overall health



Dental Specialists of Niles, P.C.



IMPLANTS CAN MAKE EATING HEALTHY, EASIER!

PROVIDING YOU COMPLETE EXPERT DENTAL CARE FOR A LIFETIME OF HEALTHY AND BEAUTIFUL SMILES

BETTER HEALTH, BETTER LIFE

QUARTERLY NEWSLETTER

8216 W. Oakton Street
Niles, IL 60714

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www.dentalspecialistsofniles.com



FROM THE DESK OF DR. ANASINSKI

Greetings Family & Friends,

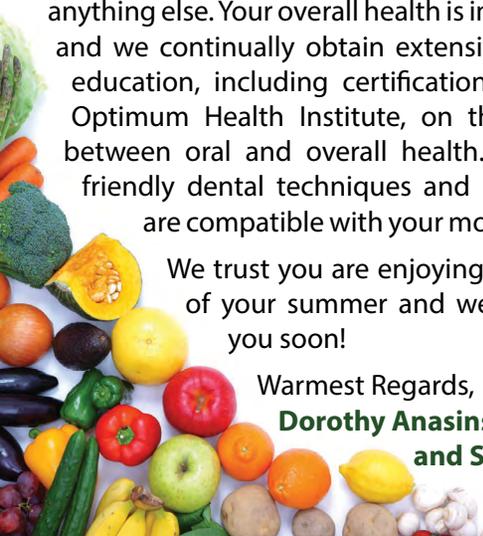
Isn't summer wonderful with all the fresh fruits and vegetables? There is nothing like biting into a fresh, crisp, sweet apple or carrot. Fruits and vegetables are low in calories and dense in nutrients, which mean they are full of fiber, vitamins, minerals and antioxidants.

Having a healthy set of teeth is a huge asset in getting proper nutrition from your food as they allow you to chew your way to healthy eating. Chew more with lots of jaw action and you will tend to eat less and improve your health. If you are missing a tooth call us today to schedule a FREE consultation so we can provide you with treatment options and our lifetime guarantee on dental implants.

Without health and wellness we cannot enjoy anything else. Your overall health is important to us and we continually obtain extensive continuing education, including certification through the Optimum Health Institute, on the correlation between oral and overall health. We use bio-friendly dental techniques and materials that are compatible with your mouth and body.

We trust you are enjoying every minute of your summer and we hope to see you soon!

Warmest Regards,
Dorothy Anasinski, D.D.S.
and Staff



MISSING A TOOTH?

Why You Should Replace It

When a tooth is missing, the jawbone that had supported that tooth begins degrading and the surrounding teeth move toward that empty space. In addition to the bone degradation and shifting teeth, the burden on the remaining teeth increases, especially when chewing.

When a tooth is lost, it is best to replace it immediately. Do that and you regain the ability to eat nearly anything and smile with confidence knowing that your teeth appear natural and the contours of your face are preserved.

DENTAL IMPLANTS

The Solution of Choice for Replacing Teeth

Did you know dental implants are frequently the best treatment option for replacing missing teeth? With the exception of growing children, dental implants are the solution of choice for people of all ages. Unlike removable dentures and fixed bridges, dental implants are long-term replacements that are just like having your natural, healthy teeth.

Dental Implants Can Change Your Life!

Think about how you would feel with a full set of natural looking teeth. You would:

- Look better
- Live longer
- Feel confident
- Enjoy eating

Call (847) 685-6686 today to schedule a Free Consultation!

SPECIAL OFFER

\$350 OFF
any dental implant!

One per person. Expires 8/31/15.

WHY & HOW TO EAT HEALTHIER!

It is difficult to "make the time" to eat healthy when it is so easy to pick-up processed, fast food. Proper nutrition is important for a healthy mouth and body. To inspire you towards that end, here are some benefits of eating a healthy diet:



Improved Health:

High cholesterol, blood pressure and elevated blood sugar are clues there is room for change. Start eating healthier today (no matter what your current state of health) and your next checkup should be better.

Increased Energy: When your body gets the nutrition it needs from the food you eat, it is better able to keep you feeling energized all day long.

Better State of Mind: Eating a healthy variety of foods is satisfying and when you feel good about your choices that can lead to a better state of mind.

LISTEN to your body

EAT when you're hungry

STOP when you feel satisfied

Learn new ways to eat more fresh fruits, vegetables, whole-grains and cut back on fat, salt and sugar. A change to healthier eating also includes learning about balance, variety, and moderation. Ask us how we can help you with your nutrition on your next visit!